

# PLAN OF THE WEEK

Volume 2, Issue 21

2 June 2000

## Command Column

**CAPT D.A. SANDE**

Commanding Officer

Training Center Yorktown's Change of Command will take place at 1100 next Wednesday, June 7th. Any change of command is a stressful time for the members of the unit. Everyone is hurrying to get projects completed before the current CO leaves and preparing briefings, material, and their spaces to make a good impression on the new CO. Many people are involved in planning and executing the finishing touches to the Change of Command ceremony. And of course, there are those who will ensure the base looks its very best for the visitors who will arrive for the ceremony.

This is an emotional time for many of our members. Not just the CO, but about a third of our number will have departed Yorktown over the summer. Those who are leaving have to deal with the myriad of tasks that need to be completed before their transfer and in preparation for their new assignment. Those who are left behind must face the unpleasantness of having to say goodbye to trusted colleagues and good friends, as they begin to build new relationships with newly-arrived co-workers.

Lots of hellos and goodbyes. Lots of change. Lots of "to-do" lists. Lots of ups and downs. I am not immune to the emotional toll of all this change. I too want to make sure everything I wanted to achieve during my tour is accomplished. I want to prepare us as much as possible for the new CO and I want to prepare him as best I can for this unit. There are the final OERs and formal recognition to complete. The audits, check-offs, and final instructions to be given. Files to be cleaned out, and soon, mementos to pack up. Add to this a household goods move (yes, I vacated Quarters One on Friday and moved to Williamsburg), boxes to be unpacked and a new home to set up, helping my kids to get established (they too both moved last weekend), preparing for the Change of Command, AND the realization that in just a few days, I will end a 28-year career! Now that's stress.

But I am handling it well, thanks to the support I am getting from those close to me here at the Training Center. The XO has been particularly helpful, filling in for me whenever he could and taking as much of the burden off me as possible. Bette Faye too has eased the strain by ensuring every detail that really didn't have to come my way in fact didn't. She and many others here have provided much needed emotional support as I come to grips with the prospect of having to say farewell to the Training Center and the Coast Guard.

Since this is my last opportunity to address you through the Plan of the Week, one last time - please accept my sincere appreciation for all you've done for me, for Training Center Yorktown, for the Coast Guard, and for the American public. I am proud of each and every one of you! Each member of the Yorktown team has made a unique contribution during my tenure as Commanding Officer to ensure the success of our mission. As the Commanding Officer, I get lots of credit for our combined efforts. Please know that I am ever mindful that it is you who deserve the credit for using your creativity, your intellect and experience, your resourcefulness, and your can-do spirit to achieve the great work we have completed together.

It has been a true joy these last three years to watch members of different status, different specialties, different backgrounds, and different experience ALL pull together to ensure the success of the entire team. The Coast Guard is a better place today because of your efforts. It has been a distinct honor to serve as your Commanding Officer for a

## Command Column cont'd:

brief moment in Training Center Yorktown's history. I will never forget this place or the men and women with whom I served during my time here. Thank you for enriching my life. I will miss each one of you.

Dennis A. Sande

### Important Items to Know:

#### SO YOU'RE PLANNING TO RETIRE

Have you talked to your unit Yeoman or to your PERSRU Yeoman??? Have you looked at HRSIC's Web Page <http://www.uscg.mil/hq/hrsic/>

Your Guide to Retirement, HRSICINST M1800.5B, is available at this web site. It is the publication that is sent to every retiree. You don't have to wait for your copy, or try to find a copy at the unit.

The Personnel and Pay Procedures Manual, HRSICINST M1000.2A, more commonly known as the 3PM, is also on HRSIC's web page. It contains the checklists you and your unit Yeoman should be following in preparation for your retirement.

Retirement is a "significant event" in your life. It is just as stressful and traumatic as when you enlisted, got married, got divorced, the birth of your children, and each of your permanent change of duty stations. You can lessen the stress and aggravation of "not knowing", by doing your homework while you are still fully employed and have access to many resources. What is your selection for the Survivor Benefit Program (SBP)? Do you know when your decision is final? When will you receive your first retired pay? Who do you contact when you move to your retirement home address?

Talk to your unit Yeoman, and PERSRU Yeoman. They have processed several retirements. If they don't have the answers to your questions, HRSIC (RAS) is an email -- [HRASICRAS@uscg.mil](mailto:HRASICRAS@uscg.mil) Or a phone call away -- 785-357-3415.

### A Look Ahead:

6 JUN CAPT John A. Gentile, PCO, Reports Aboard

7 JUN 1100, CHANGE OF COMMAND: CAPT Dennis A. Sande relieved by CAPT John A. Gentile, followed by CAPT Sande's Retirement Ceremony, Guest Speaker, RADM R. Dennis Sirois (G-WT), Parade Field, w/Reception, immediately following at the Port of York. Project Officer, LCDR Dix, x-2048

8 JUN 1400, Coast Guard Day Picnic Meeting, Port of York, Mr. Ricks, x-2127

9 JUN 0900, QM "A" 06-00 Graduation, Canfield Entrance Alcove, QMCS Wolf, 2213

9 JUN 1800, CPOA Grand Military Ball, CAPT Gentile, Guest Speaker, POY, GMC Smith, x-2194

### From the Safety Office

#### HURRICANE SEASON

Hurricane Season starts 1 June, some recommended Safety are:

- Get extra batteries for radios, flashlights etc., and make sure you have enough to last several days.
- Fill up the gas tank in your car, remember gas pumps require power to operate.
- Stock up on packaged foods and canned goods that require little or no cooking and refrigeration.
- Have sufficient drinking water for several days (1 gallon per adult per day—3 day supply).

Tune to NOAA Weather Radio or local media for latest information.

Shortcut to POW archives: <\\Rtcs09fp\\Users2\\BJames\\Public\\pow>